

Simcoe County FASD Parents Support Group  
presents two information sessions

# **FASD & EXECUTIVE FUNCTIONING SELF REGULATION & FASD**

**For parents and caregivers**

FASD & Executive Functioning will provide an overview of Fetal Alcohol Spectrum Disorder (FASD); the impact to the brain and what a typical profile might look like. Deficits in executive functioning are explained in detail and strategies to prevent problematic behaviour are described.

Self Regulation and FASD will provide an overview of FASD; the impact to self regulation, and strategies to help support self regulation in individuals. Learning will be supported by activities and discussion.

You will leave both sessions with a strong understanding of diagnosis, challenges, and the information needed to better support people with FASD.

Training provided by the Centre for Behaviour Health Science

**Monday, March 25: FASD & Executive Functioning**

**Wednesday, April 3: Self Regulation & FASD**

**Each session is 6:30 p.m. to 9:30 p.m.  
Catulpa Community Support Services  
165 Ferris Lane Barrie, Ontario**

**To register, contact [kreid@catulpa.on.ca](mailto:kreid@catulpa.on.ca) or 1-877-803-3227 ext. 3106**

Limited funding available for childcare.

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